



# Template for Your “Personal Business Plan”

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It is the norm for most of us to run our lives by continually fixing problems. We not only get worn down, but we don't have the pleasure of achieving our dreams. A friend of mine uses the term “surviving and fixing” to describe this approach to living life. He challenges himself and his audiences to develop a “vision of excellence” regarding their own lives. Create the vision of where you want to be and then break it down into doable steps. Here is a suggested template that to develop a “business plan” for your life. Visualize yourself as a small business trying to accomplish specific goals. Instead of having a nagging sense of not doing what you really want, the variables are clearly defined. You could also use a more complex small business template and be more specific.



## Self-Inventory Template

### Overview of self today:

#### Core Values

- Self
- Family
- Friends
- Career
- Finances
- Giving back

#### Character

- Strengths
- Flaws

#### Skills

- Highest (expert)

- Strong (Competent and can contribute)
- Moderate (competent)
- Light (participant)

Dreams

### **Where do I want to be in five years?**

- Overview
- Specific areas
  - Self
  - Family
  - Friends
  - Career
  - Finances
  - Giving back

### **Action Plan**

- Each area
  - Specific steps
  - Time frames

The key to this template is to create it without regards to the status of your pain. What do you want to do with your life, with or without the pain?